A unique opportunity open to Virginia Wesleyan students is participation in an externship during Winter Session. If you are asking yourself what is an externship or how is different than an internship, or even why would it be of value to me, then keep reading.

Externships are generally a three week shadowing experience and are designed to help sophomore or junior students gain exposure and limited experience in a career field of interest with a seasoned professional. Externships are especially helpful for students during the first two college years. Students gain first hand exposure into a career field interest and then translate what they learn into their academic plan. The experience of ten allows students to choose the major that best suits their interests, elective courses, and skill building co-curricular activities, but it also opens up possible internships at that site as a junior or senior, job contacts, and even recommendations for pursuing graduate studies. One Externship employer sponsor stated “I wish I had this type of experience when I was planning my major and exploring my professional goals.” Another sponsor acknowledged “Students will get more from their studies if they connect it to a real outcome.”

Though listed as a three credit PORTfolio course (PORT 225 PORTFolio Career Study), Career Services opens enrollment to other students with instructor permission. In addition, the one credit course INST 224 Career Exploration and Externships is offered in select Winter Sessions.

This year, some scholars were on site at Hampton Roads Magazine, Samaritan House, Hampton Roads Sanitation District, and Virginia Stage Company. A sophomore LAMP major and scholar, Nickole Bennett, is also a member of

“In dreams begin responsibility.”
~ William Butler Yeats

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Letter from the President

Dear Scholars,
Welcome back for the Spring Semester! I hope you are all ready for more excitement here at VWC. We have some great events planned; study hard, but save time for fun, free events to attend with your fellow scholars. Also, please continue to make use of your study carrels in the library. Keep up the great work and let me know if I can help you with anything this semester.

~ Amanda Wolk
President of Honors and Scholars
acwolk@vwc.edu

“This experience has been amazing and helped me decide my future.”
~PORTfolio Student

Continued on page 4
Faculty Spotlight: Dr. Malone

Dr. Travis Malone, Ph.D
Assistant Professor of Theatre

As a theatre and film professional, Dr. Travis Malone has directed for, acted in, and designed productions across the country. He recently received his PhD in Theatre from Bowling Green State University.

Prior to pursuing his doctoral work, he served as a writer/producer for a post-production facility in Los Angeles. There he wrote television commercials, produced music videos, and helped develop creative content for DVDs.

His main area of research is directly related to his diverse professional resume. He continues to research and write about the intersection between film and theatre, specifically in how productions, artists, and audiences negotiate the differences in performance and production styles between the two.

Here at Wesleyan, Dr. Malone teaches courses in Technical Theatre, Acting, Acting for the Camera, Directing, Voice and Movement, and Theatre History. He is always interested in offering more Honors designated courses, and is more than willing to work with any honors student who would like to receive "H" credit for any of his courses.

Student Spotlight: Megan Cahoon

Hometown: Chesapeake, VA
Class: Junior
Major: Chemistry
Favorite course: World Religions
Favorite thing you do to relax: Either draw a picture or workout.

Activities:
Yearbook Editor
VWC & Beyond
Circle K
Learning Resource Center tutoring

Most rewarding activity:
Yearbook editor, because it involves the most creativity.

Most demanding activity:
Being the yearbook editor is pretty demanding because deadlines have to be met. Also, the yearbook has had a rough start getting back on schedule, but the dedicated yearbook staff will work hard to make a fall book.

Activity you recommend for others:
Circle K is a good club because you get involved in volunteer activities.

Future plans:
Medical School after graduation to become a family doctor.

Student Spotlight: Victoria Irving

Hometown: Chesapeake, VA
Class: Freshman
Major: Women’s & Gender Studies
Favorite course:
Philosophy of Religion with Dr. Emmanuel because it challenged me to really look inside myself for answers instead of getting them out of a book.

Activities:
Equality Alliance

Poetry reading at Java Junction

Most rewarding activity:
Equality Alliance because I get to contribute to a cause I really believe in and also get involved in the VWC community.

Most demanding activity:
Reading poetry because I have to constantly write and get contributions from other authors!

Activity you recommend for others:
Equality Alliance because I met some of my closest friends there!

Favorite thing you do to relax:
Play the guitar, go to concerts, hang out with friends at Starbucks, and get pedicures!!!

Favorite Quote:
"If you make it plain you like people, it’s hard for them to resist liking you back." ~ Lois McMaster Bujold

Future plans:
I am not sure what I want to do after graduation, but I am quite sure that I want it to be fabulous.
Dr. Clay Drees, a native of Buffalo NY and a survivor of 18 years in California, joined the VWC History Department in 1992. He earned his B.S. in Economics at Santa Clara University, his M.A. in History at California State Los Angeles, and his Ph.D. at the Claremont Graduate School just east of L.A.

Since beginning his career at Wesleyan, Dr. Drees has published two books (and is working on a third), was honored in 1998 with the Samuel Nelson Grey Distinguished Teaching Award, and was the recipient of one of the original Batten professorships in 2004.

Dr. Drees’ scholarship and research interests are mostly focused on the medieval and early modern periods in Europe, with specialty subfields in English history (especially the early Tudor age) and the history of religious dissent. Dr. Drees teaches courses in these areas at Wesleyan, but has also developed courses in African history (he served in West Africa with the Peace Corps in the 1970s) and the medieval Islamic world. The last of these is a dedicated Honors and Scholars offering that he is teaching during this spring 2007 semester. Dr. Drees has interviewed Honors & Scholars student candidates for many years, has enjoyed working with the program, and hopes to offer more Honors & Scholars courses in the future as his administrative duties allow.

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### Student Spotlight: Elizabeth Maxwell

**Hometown:** The Woodlands, TX  
**Class:** Freshman  
**Majors:** International Studies & German

**Favorite course:** I really don’t have a favorite. I’ve liked them all, but the most interesting one has been World Religions because I’m interested in other cultures and beliefs.

**Activities:** Wesleyan Ambassadors  
ICE, director  
Most rewarding activity: STAND because it helps people understand that horrible things can be changed.

**Most demanding activity:** I’m sure being the director of ICE this semester is going to take a lot of time.

**Activity you recommend for others:** I think sleep is the best activity in the world.

**Favorite thing you do to relax:** I do a lot of yoga and watch nerdy movies in my room like On Golden Pond.

**Favorite Quote:** "They always say time changes things, but you actually have to change them yourself." ~ Andy Warhol

**Future plans:** I plan on working for the government and traveling the world.

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### Student Spotlight: Ashley Roane

**Hometown:** Chesapeake, VA  
**Class:** Sophomore  
**Majors:** Religious Studies & French

**Favorite course:** World Religions

**Favorite Quote:** "Do not permit what you cannot control to interfere with what you can control." ~John Wooden

**Activities:** Cross Country, Track, SAAC  
Most rewarding activity: Cross Country & Track

**Most demanding activity:** Cross Country & Track  
**Activity you recommend for others:** Cross country or Track  
**Favorite thing you do to relax:** Run, listen to music, read

**Future plans:** Become a missionary of some sort.
Exploring Career Fields

PORTfolio. Nickole’s externship with the Virginia Stage Company involved basic office work (filing, envelope stuffing, copying), some accounting, advertising the upcoming show in the Granby district, assembling media kits, and participating in a press conference. Nickole chose Virginia Stage Company for her externship site because she is studying business, has an interest in theatre, and wanted to work with a non-profit group. The most challenging aspect of her externship was accounting that involved skills she had not yet learned in class, but also applying the skills she had learned to a real world situation. Although it took her a bit to catch on to the accounting system, she admitted that after awhile it was not really that bad.

This experience helped show Nickole that she really does like business, but it also made her realize that while she has an interest in theatre, it is not a passion strong enough for her to want to study and work in one. Working with the people at Virginia Stage Company was her favorite part of the experience, but Nickole also said that “It’s a great experience to have and a good opportunity to network, get experience and find out if your interests really are what you want to do for a career.”

Still not sure whether this would be a good experience for you or not? Here is what other students have said about the Winter Session Externships:

“This experience has been amazing and helped me decide my future.”

“My sponsor was very open and always asked what I was interested in seeing or learning more about.”

“Make the externship longer than 30 hours.”

“I could not have been placed with a better sponsor. She was very helpful.”

Externships can help you unlock your future, by researching a potential career field. If you have questions about these opportunities, contact Ms. Debbie Hicks in Career Services (455-3338).

“Questions show the mind’s range, and answers its subtlety.”

~ Joseph Joubert

“The right to know is like the right to live. It is fundamental and unconditional in its assumption that knowledge, like life, is a desirable thing.”

~ George Bernard Shaw

~ Nicolas Malebranche

Mark Your Calendars — Spring 2007 Honors Co-curricular Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Etiquette Dinner &amp; Workshop</td>
<td>Monday, March 5</td>
<td>6:30—8:00 pm</td>
<td>Princess Anne Room</td>
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<tr>
<td>Whale Watching Ocean Excursion</td>
<td>Sunday, March 10</td>
<td>3:00 pm</td>
<td>Virginia Aquarium, Rudee Inlet Dock</td>
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<tr>
<td>Cabaret</td>
<td>Wednesday, March 14</td>
<td>8:00 pm</td>
<td>Chrysler Hall, Norfolk</td>
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<tr>
<td>Busch Gardens</td>
<td>Saturday, March 31</td>
<td>All day</td>
<td>Williamsburg</td>
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<tr>
<td>Norfolk Tides Opening Night</td>
<td>Friday, April 13</td>
<td>7:15 pm</td>
<td>Harbor Park, Norfolk</td>
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<tr>
<td>Day Trip to Washington, DC</td>
<td>Saturday, April 21</td>
<td>All day</td>
<td>National Mall, Washington, DC</td>
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<td>Scholars Spring Banquet</td>
<td>Monday, April 23</td>
<td>6:30 pm</td>
<td>Shafer Room</td>
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<tr>
<td>Busch Gardens</td>
<td>Saturday, April 28</td>
<td>All day</td>
<td>Williamsburg</td>
</tr>
<tr>
<td>Reduced Shakespeare Company</td>
<td>Sunday, April 29</td>
<td>2:00 pm</td>
<td>Wells Theatre, Norfolk</td>
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Senior Spotlight: Kelly Donnelly

**Hometown:**
Cranford, New Jersey

**Education before VWC:**
Cranford High School

**Major:**
PIDM

**One thing that attracted you to VWC:**
Recruited by soccer coach

**Favorite course:**
My special education practicums where I received hands on experience.

**Professor who has inspired you:**
Dr. Daisy Wood

**Best Memory from VWC:**
Making it to the Final Four in soccer this past fall.

**Favorite Quote:**
"Be more concerned with your character than with your reputation. Your character is what you really are while your reputation is merely what other think you are." ~John Wooden

**What you do for fun:**
Play soccer, hang out, go to the beach, work out

**Future plans:**
Become a special education teacher in Chesapeake and attend ODU for graduate school.

**Advice to H&S underclassmen:**
Don’t be afraid to enjoy college, you only get to do this once.

Senior Spotlight: Lyndsie Kidd

**Hometown:**
Richmond, VA

**Education before VWC:**
John Randolph Tucker High School

**Majors:**
Religious Studies & Recreation and Leisure Studies

**One thing that attracted you to VWC:**
The small atmosphere

**Favorite course:**
The Apostle Paul and Christian Theology

**Professor who has inspired you:**
Dr. Craig Wansink

**Best Memory from VWC:**
There are too many to pick from!

**Favorite Quote:**
"A successful person is one who can lay a firm foundation with the bricks that others throw at him or her." ~David Brinkley

**What you do for fun:**
Watching movies, etc.

**Future plans:**
Attending the Masters of Divinity program at Duke University in the fall.

**Advice to H&S underclassmen:**
Get involved on campus. Find something you’re passionate about or just have an interest in, and if it’s not already available on campus, start it up yourself.

Senior Spotlight: Candice McCracken

**Hometown:**
Amston, Connecticut

**Education before VWC:**
RHAM High School

**Majors:**
Psychology & Liberal Arts Management Program

**One thing that attracted you to VWC:**
The small, close-knit community.

**Favorite Course:**
Psychology Reality in Cinema, Story and Science

**Professor who has inspired you:**
Mr. Garraty

**Best Memory from VWC:**
Going to Costa Rica for the Alternative Spring Break Program. We got to work with sea turtles. They were amazing.

**What you do for fun:**
Hang out with my sorority sisters.

**Future plans:**
Move back home, work for two years to gain experience, then pursue a graduate degree.

**Advice to H&S underclassmen:**
If you can’t behave, be careful.
STOMP at Chrysler Hall

I had heard about STOMP since I was a child. I assumed that the entire play simply consisted of performers banging on trash cans. When I learned that all the Scholars were invited to go see the performance, I knew I had to see this play for myself. We had great seats, and I was looking forward to the play getting started. From the moment it started, I knew that this play was going to be something special. As dirt and dust was tossed around on stage, one performer came out with a broom. He was followed by more and more performers carrying brooms. They were sweeping the stage, but it was so much more than just sweeping. They had a beat and rhythm. I was amazed at the sounds I was hearing. Each performer possessed unique abilities and talents, but there was one performer that seemed to be the head of the group. He tried his hardest to get the audience involved by clapping and stomping their feet, and he seemed to be pleased once the audience finally caught on to his routine. There was also one performer that seemed to be the outcast of the group. He would join in late or be ignored by the rest of the performers. This provided for great comic relief.

STOMP definitely consisted of more than just banging trash cans. One performance started out with all the lights out. Then all of a sudden a performer flicked a lighter. Then another performer flicked his lighter. The audience followed the light as the lighters were flicked faster and faster. I did not expect to see anything like that. Later in the show, some of the performers came out wearing sinks around their necks. They would hit the sinks and hit metal cups as water poured out. Yet again, I was amazed at the music they were making. The performers even used newspapers and other items that would be found in the trash to make music. I was blown away. I cannot imagine how many hours of practice these performers need to dedicate to making sure that their performance is flawless. The ending was even more amazing and finally I saw performers bang on trash cans. STOMP exceeded all of my expectations, and I feel lucky to have been able to go see this performance with all of my fellow Scholars.

Matt Richardson