



Toni Aris-Howell, Hannah Parent and Tenley Scott play with children at the Back to School Western Bayside Community Day, Aug. 29. Professor Takeyra Collins and members of the Rec/Leisure Majors Club provided games for the kids.

**Lending a hand.
Learning to lead.**



OFFICE OF COMMUNITY SERVICE

COMMUNITY SERVICE NEWS

Vol. 19, No. 1
September 2015

Welcome & Welcome Back!

VOLUNTEER OPPORTUNITIES THIS MONTH...

(To commit to a volunteer opportunity, come to the Office of Community Service and sign up or reply to this email.)

- Sept. 9, American Red Cross Blood Drive, CMAC, 11-5 pm
- Sept. 9, Alternative Fall Break Trip Info: Virginians For Communities Table, Fishtank, 11-1 pm
- Sept. 9, Big Brothers Big Sisters Info Session, Fishbowl Conf Rm, 4:30 pm
- Sept. 9, Hunger Action Month: Cooking for Kids, Campus Kitchen, 6:30 pm
- Sept. 10, Soup Line with Catholic Worker, Norfolk, 5:30 am
- Sept. 10, Get Paid to Teach With AVID-VB, Info Session, Batten 237, 4:30 pm
- Sept. 11, United Way Day of Caring at Union Mission, 12:30-3
- Sept. 12, Out of the Darkness Walk, Mt. Trashmore, 8:30 am
- Sept. 12, Habitat for Humanity House Dedication, Kenley Commons, 11-2 pm
- Sept. 16, Hunger Action Month: Cooking FOR Kids TO GO! Enoch Baptist Church, 4 pm

Sept. 16, Hospice Volunteering with Sentara, Info Session, Fishbowl, 4:30 pm
 Sept. 17, Soup Line with Catholic Worker, Norfolk, 5:30 am
 Sept. 17, Weekly Programs ORIENTATION, Blocker Aud., 4:30 and 6:30 pm—MUST ATTEND ONE
 Sept. 19, Fall Marlins Make a Difference Day, Sites TBA, 8-1 pm
 Sept. 22, Marlins Community Youth Garden Club, Good Sam EC, 4 pm
 Sept. 23, Men of Distinction Mentoring Info Session, Fishbowl, 4:30 pm
 Sept. 23, Hunger Action Month: Cooking for Kids, Campus Kitchen, 6:30 pm
 Sept. 23, Neighborhood Tutoring Begins, Heritage UMC, 4:30 pm
 Sept. 24, Soup Line with Catholic Worker, Norfolk, 5:30 am
 Sept. 26, ESA St. Jude's Walk, Botanical Gardens, 8 am
 Sept. 26, One Love Festival, Boyd/Batten, 1-9 pm
 Sept. 29, Marlins Community Youth Garden Club, Good Sam EC, 4 pm
 Sept. 30, Hunger Action Month: Cooking FOR Kids TO GO! Enoch Baptist Church, 4 pm

MARK YOUR CALENDAR...

Nov. 3 Marlins VOTE Initiative: ELECTION DAY
 Nov. 4 American Red Cross Blood Drive
 Jan. 10-17 Annual Winter Homeless Shelter
 Jan. 18 Martin Luther King Jr. Day of Service
 Feb. 24 American Red Cross Blood Drive
 March 18 Annual Empty Bowls Charity Dinner
 March 28 YWCA Stand Against Racism
 April 2 Marlins Make A Difference Day
 April 20 American Red Cross Blood Drive

WHAT? WHERE? WHEN?

Sept. 9, American Red Cross Blood Drive, CMAC, 11-5 pm

GIVE THE GIFT OF LIFE—DONATE or VOLUNTEER TO FACILITATE THE DRIVE--Go on line to www.redcrossblood.org to reserve a time to donate blood at the campus' first blood drive of the year. There will be two drives in the fall (Sept. 9, Nov. 4) and two in the spring (Feb. 24, April 20). Scheduled donors will complete the donation process in about an hour. Walk-ins are welcome as space is available. **Volunteers** are needed at registration and the canteen on the day of the drive. Volunteers may sign up in the Office of Community Service for one-hour shifts throughout the drive. Tri Sigma sponsors the Blood Drives. The need is critical, especially for O blood types.

Sept. 9, Alternative Fall Break Trip Interest Table: Virginians For Communities, Fishtank, 11-1 pm

THINK YOU MIGHT WANT TO DO AN ALTERNATIVE BREAK THIS FALL? Find out more about V-Dubb's Imagine Alternative Break Program and about investing to travel to Weirwood, VA, a community in need on the Eastern Shore, Oct. 8-10. Cost is \$100 and will include transportation, lodging and food. About the location: The poverty level in Weirwood is very high; the majority of homes in the area lack indoor plumbing and/or bathrooms. Many times, the Dew Drop Inn provides water to local residents. Projects: Students will be painting, working on restoration clean-up around the area, assisting at the local nursing home, and other various projects. Lodging: Students will be sleeping at the Dew Drop Inn and will need to bring sleeping bags and a pillow. Cultural immersion component: The host site coordinator will give a tour of the local area to students and explain the poverty of this community.

Sept. 9, Big Brothers Big Sisters Info Session, Fishbowl Conf Rm, 4:30 pm

COMMIT A YEAR TO DEVELOPING A CARING RELATIONSHIP WITH A CHILD—Mentoring is consistently showing that you care about a child. Big Brothers Big Sisters will clear you to serve, train you to provide the best one-on-one guidance that you can and match you with a child at Bayside Middle School. You agree to meet with the child at school once a week throughout the year when college is in session. To learn more and sign up, attend this information session. Sign up in Community Service to attend this session.

Sept. 9, 23, Hunger Action Month: Cooking for Kids, Campus Kitchen, 6:30 pm

IMPACT CHILDHOOD HUNGER--Cooking for Kids is a food preparation program in partnership with the Foodbank of Southeastern Virginia that takes place in our campus kitchen every other Wednesday. Child nutrition is a real issue in our communities. Ending childhood hunger is a major priority of our Foodbank. In South Hampton Roads, more than 79,600 youth are eligible for the free and reduced price lunch program at their schools, an indicator that the children in our communities are not receiving the nutritious food they need to learn, and grow, which scientific research shows hinders their productivity as citizens. Come to the kitchen and assemble a meal that will be sent to after-school programs in the Kids Café network, and feed some children! Sign up in Community Service.

Sept. 10, 17, 24, Soup Line Serving with Catholic Worker, 5:30 a.m.

DELIVER A SMILE AND THE FIRST MEAL OF THE DAY—Join a small band of students interested in helping where the need is greatest. Assist volunteers from the Catholic Worker organization “bringing breakfast to the streets”. Learn more about this organization at <http://www.catholicworker.org/communities/CommDetail.cfm?Community=116> or contact Paul Kaufmann at pkaufmann@vwc.edu. Transportation is provided. Sign up in Community Service.

Sept. 10, Get Paid to Teach With AVID-VB, Info Session, Batten 237, 4:30 pm

HELP HIGH/MIDDLE SCHOOL STUDENTS ADVANCE WHILE EARNING A PAYCHECK—If you would like to apply for the AVID Tutor position with Virginia Beach City Public Schools, you are invited to find more information and start your online employment application today by visiting <http://www.vbschools.com/hr/content/pdfs/AVIDad.pdf>. If interested, please attend this information session. This is a great, paid, part-time employment opportunity for education majors and other juniors or seniors who love to work with middle and high school students. Sign up in Community Service to attend this session.

Sept. 11, United Way Day of Caring, Union Mission, Noon-3

HELP THE POOR: PREP ITEMS FOR SALE AT THE THRIFT STORE--Join us to help sort, hang, tag and sizing clothing! Thousands of volunteers from throughout the region will be paired with non-profit United Way agencies on this day to help with much needed projects. Wesleyan's site is Union Mission Ministries, Norfolk. According to the agency's mission statement, Union Mission “aids the poor and needy, reforms the erring, helps those that are out of the way, feeds the hungry, shelters the homeless, preaches the gospel, and rescues the perishing.” Proceeds from the thrift store aid in this endeavor. Volunteers must dress very modest (no tank tops, shorts below the knee, etc) and are required to wear closed toed shoes. In an effort to assist the families served by the Mission, volunteers are asked to bring in some non-perishable food. This assignment is a great way to get to know our community and make a difference! Space is limited. Transportation is provided. Sign up in Community Service TODAY!

Sept. 12, Out of the Darkness Walk, Mt. Trashmore, 8:30 am

BRING SUICIDE AND DEPRESSION OUT OF THE DARKNESS AND INTO THE LIGHT—Women's Lacrosse and Counseling Services are sponsoring a Wesleyan Team to participate in the Out of the Darkness Walk to promote good mental health. To sign up visit the Office of Community Service. For more information, contact Shannon Ruffalo at seruffalo@vwc.edu or Bill Brown at bbrown@vwc.edu.

Sept. 12, Habitat for Humanity House Dedication, Kenley Commons, 11-2 pm

WITNESS THE REASON WE BUILD—Virginia Wesleyan volunteers worked on the Kenley Commons townhomes with Habitat last year during our 25th Anniversary Work Days. Celebrate the placement of five families in these new homes they would not have been able to afford without Habitat for Humanity. Transportation provided. Sign up in Community Service.

Sept. 16, 30, Hunger Action Month: Cooking FOR Kids TO GO! Enoch Baptist Church, 4 pm

CLOSING THE LOOP: SERVING THE KIDS--Cooking for Kids is a sustainable program that has volunteers preparing hot meals or nutritional snacks in our campus kitchen every other week for children at risk for hunger in organized summer and after-school programs. Members of the Virginia Wesleyan community join forces with on-campus dining service professionals and the Kid's Cafe program of the Foodbank of Southeastern Virginia to assemble the meals. When volunteers are not in the campus kitchen, they are helping to serve meals at Kids Café sites thru Cooking for Kids TO GO! Close the loop and see who benefits from the food you cook. Sign up in Community Service. Transportation provided.

Sept. 16, Hospice Volunteering with Sentara, Info Session, Fishbowl, 4:30 pm

COMPASSIONATE? EMPATHETIC? MOVED BY THE NEEDS OF OTHERS? WILLING TO SACRIFICE TIME AND GIVE YOUR HEART TO PEOPLE FACING THE END OF LIFE? Then being a Sentara Hospice volunteer may be for you! Volunteers may offer Direct Patient Care (friendship, socialization, respite care, and non-medical support to the patient and their caregiver(s)); Bereavement Support (encouragement to the surviving family members by helping with correspondence and bereavement support groups; or Administrative service (clerical/administrative support to the volunteer coordinator). To find out more about volunteering with Sentara Hospice Services, visit www.sentara.com/hospice, and attend this information session.

Sept. 17, Weekly Programs ORIENTATION, Blocker Aud., 4:30 and 6:30 pm—MUST ATTEND ONE

WEEKLY PROGRAMS RESUME; REGISTRATION CLOSED--Registration for the Weekly Service Programs Marlins Read, Marlins Count, Global Marlins, Future Marlins and Neighborhood Tutoring were held this past week to tremendous response. EVERYONE who signed up will be contacted via email next week with the full schedule of confirmed program days/times to ensure schedules coincide. Those who signed up for a program with date and time to be announced will be given the opportunity to select a spot. An orientation for all programs will be held in Blocker Auditorium on Sept. 17 with two options to attend: 4:30 and 6:30. Please plan accordingly. For more general information about these programs, please go to <http://www.vwc.edu/student-life/community-service/weekly-programs.php>

Sept. 19, Fall Marlins Make a Difference Day, Variety of Sites, 8-1 pm

SHOW HAMPTON ROADS THAT WESLEYAN CARES--Join fellow Marlins for a day of service. Your site choices include: **Untamed Spirit** (9) for barn/muck work at therapeutic riding stables; **Norfolk Botanical Gardens** (9) to assist the tagging and release of monarch butterflies; **BF Williams Elementary School** (9+) to clean up garden plots for education; **Coventry House Group Home** (9) to brighten residence for adults with intellectual disabilities by painting; **Neighborhood Tutoring Room** (9) to brighten a child's learning experience by painting the tutoring classroom; or **4-H @ Norfolk Neighborhood Expo** (4) to promote positive youth development: Head, Heart, Hands and Health by staffing a fair. We start at 8 am with bagels from Bagels and Mores, go to our sites, and return for Gino's pizza. All participants get t-shirts. Transportation is provided. Sign up in Community Service.

Sept. 22, 29, Marlins Community Youth Garden Club, Good Sam EC, Thursdays, 4 pm

VOLUNTEER TO HELP KIDS SOW AND GROW—Lend 4-H Extension Agent Greg Costanza a hand in the garden on Thursdays. For the second year, The Marlins Community Youth Garden Club aims to develop in elementary and middle school-aged youth an appreciation for gardening, healthy lifestyle choices, hard work, patience, teamwork and the interconnectedness of the world in which we live. You will be assisting in teaching lessons and working one-on-one with children in the classroom and the garden. Sign up in Community Service.

Sept. 23, Men of Distinction Mentoring Info Session, Fishbowl, 4:30 pm

MALE MENTORS NEEDED—The Men of Distinction is a group of adults interested in the life success of boys at BF Williams Elementary and Bayside Middle schools. They are seeking college-aged men to serve as tutors and mentors in their weekly programs at these schools. Interested in making a difference? Attend this session to learn more.

Sept. 23, Neighborhood Tutoring Begins, Heritage UMC, 4:30 pm

NEIGHBORHOOD TUTORING RETURNS for 18th YEAR—Consider a commitment to the academic advancement of neighborhood children through our weekly Neighborhood Tutoring Program. Our classroom is located at Heritage United Methodist Church adjacent to campus. About 10 children from area elementary schools will come on Wednesdays for assistance with homework and fun, educational games. Sign up in Community Service. Email Director Erik Estrada (eaestrada@vwc.edu) to learn more.

Sept. 26, ESA St. Jude's Walk, Botanical Gardens, 8 am

SUPPORT SICK CHILDREN AND THIS DEVELOPING SERVICE SORORITY—Epsilon Sigma Alpha, forming on campus now, is sponsoring a team to support St. Judes, a leading children's hospital pioneering research and treatments for kids with cancer and other life-threatening diseases. Sign up in Community Service to participate. For more information about the Walk or ESA, please contact Laura Robusto, lerobusto@vwc.edu.

Sept. 26, One Love Festival, Boyd/Batten, 1-9 pm, Volunteer Shifts: 1-3, 3-5, 5-9

WHAT WOULD WORLD PEACE LOOK LIKE? --Volunteer or just participate in the 10th Annual One Love Festival. It is a FREE on-campus event that draws people together for music, poetry, drumming, and activities to promote community peacebuilding. Conceived as a snapshot of what world peace would look like (even if for only one night), the festival is held every fall at Virginia Wesleyan College. The flavor of the festival is unique every year, but the idea is the same: **bring all kinds of people together to create a community of harmony and peace, enjoy all different kinds of performances, and most of all have fun.** The agenda is: Pax Christi Presents, "Race in America: From Point Comfort to Ferguson -- Where We've Been and Where We Are," Noon - 1:30 pm, Monumental Chapel; Town Hall Discussion, "The Flag is Down: Now What?" moderated by Barbara Hamm Lee, 2 - 3:30 pm, Boyd Dining Hall; Yoga Inclusion Project, Noon - 1:00 pm, 4 - 5 pm, Batten Center Dance Studio; 1,000 Paper Cranes for Peace, 1:00 - 1:30 pm, Batten Center Grill; Largest Drum Circle in the World, 1:00 - 5:00 pm, Batten Center Grill; Youth Earn and Learn Jobs-for-Kids IGNITE PEACE Awards Ceremony & Celebration! 4 - 6 pm, Blocker Hall; Children's Activities, Yoga Games and Hula Hoop Freeze Tag, 1:00 - 5:00 pm, Batten Center Grill. To volunteer, sign up in Community Service. To participate, just show up!!! For more details on the Festival, go to <http://onelovefestivalva.org/afterNoonProgs.html>

ANNOUNCEMENTS

DOCUMENT YOUR SERVICE. USE THE ON-LINE SERVICE LOG—Students needing to document their service hours have the opportunity to record them as they go through this on-line, on-your-honor service log system. Go to www.vwc.edu/service where you will find a button on the homepage that says DOCUMENT YOUR SERVICE. Once there, you will be asked to register the first time you access the system. After that, you will be sent directly to the log where you can input a description of your volunteer work and hours. If you are in Honors and Scholars, be sure to check the Honors and Scholars line in the Service Type box. You may print your log to submit wherever your service is required.

ITEMS TO RECYCLE: LAPTOPS, TABLETS, MP3 PLAYERS, DIGITAL VIDEO/CAMERAS, GAME CONSOLES, GPS DEVICES, T1 GRAPHING CALCULATORS—These items, in addition to ink jet cartridges, alkaline batteries and cell phones, can all be recycled in the Office of Community Service. Bring old and broken items to the Office. Proceeds from recycling benefit Office programming. Just over \$100 was added to the Office budget last year from these donations.

SERVICE CLUB ACTIVITY...

Habitat for Humanity... President Sierra Brown, sgbrown@vwc.edu

Imagine: Wesleyan's Alternative Break Program... Students interested in leading a trip should contact Diane Hotaling at dhotaling@vwc.edu.

Marlins Go Green... Students interested in environmental issues should contact Zach Drake, zdrake@vwc.edu.

CALLS FOR SERVICE (To sign up for any of the opportunities listed, please call the contact noted.)

...Oceana and Damneck bases need volunteers for their new Youth Ministries, particularly "Straight Talk" youth groups for boys and girls. If you are interested, contact Felicia Milner at 757-492-6725 or felicia.milner@gmail.com

...Help wanted for the second annual "Trunk -o- Treat" at the South Norfolk Community Center on Oct. 31, 4-6 pm. Contact Lyle Jones to help: LJones@cityofchesapeake.net

ACTIVE CITIZENS RECOGNITION...

...Aug. 18, Chesapeake Bay Foundation Oyster Restoration: Allison Smith, Courtney Kurtz, Maddy Chevalier, Simone Piccu, Alizae Dolins, Ana Alves, Logan Arnold, Lydia O'Conner, Kelly Mihaly, Myles Stevens, Darrius McKinnon, Val Miller, Jeanice Reed, Mickella Rast, Ashley Kline, Alicia Austin, Bauli Foley, Benjamin Astrum, Jake Scokke, Isaac Johnson, Larry Hultgren.

...Aug. 19, Marlins VOTE: Glenn Rose, Mindy Bertram, Nick Hipple, Atreyeau Ward, Tone Boykins, Andre Banks.

...Aug. 22, Backpack Packing for Community Day: Gwendolynn Malone, Tanasia Hazelton, Toni Aris-Howell, Taylor Boyd, Laura Robusto, Mary McLaughlin-Seys, Brittany Tasker, Kiera Bell.

...Aug. 29, Western Bayside Community Day: Patty Clark, Toni Aris-Howell, Christina Call, Marlan Hare, Olivia Diana, Taylor Roche-Dutch, Jamie Terry, Mary-Rae Ratigan, Tenley Scott, Hannah Parent, Taylor Wong, Takerya Collins, Brittany Glasco, Julia Shaw, Bill P., Kelly Jackson, Michael Willson, Kathy Stolley.

CONTACT US

2015-16 Office Staff

The Office of Community Service is open 8:30-4:30, Monday thru Friday, in Batten 25.

Director...Diane Hotaling

Office/Program Manager...Gwendolynn Malone

Cooking for Kids...Denisha Howard

Neighborhood Tutoring...Erik Estrada

Marlins Read...Fatima Davis, Toni Aris-Howell,

Global Marlins...Tanasia Hazelton and Dani Singletary

Future Marlins...Kiera Bell

Marlins Count...Laura Robusto

Environmental Awareness...Taylor Boyd

2015-16 Student Outreach Coordinators (SOC)

Animals and the Environment...Marlan Hare

Health and the Elderly...Brooke Totzeck

Hunger and Homelessness...Kathryn Reavis

Youth...Lauren Amos

2015-16 Winter Shelter Managers

Avriana Chavez

Colleen Smith

Courtnei Wilson

Diane Hotaling

Mary-Rae Ratigan

Takeyra Collins

Taylor Doughtie

Tianna Garland

Tim Webster

Tone Boykins